


T H E H E R O

STARTERS

SOUP OF THE DAY

Seasonal soup, sourdough **6.5**

SMALL CHOWDER

Smoked Haddock, peas, potato, onion, creamy velouté sauce, toasted sourdough **8** 

OAK SMOKED CHICKEN

Bramley apple, walnut, celeriac, crispy hock, tarragon dressing **8.5**

SAUTEÉD WILD MUSHROOMS

Sourdough, blue cheese dressing, crispy poached egg, garlic crisps **7**

SANDWICHES 12 - 4 PM

FISH FINGERS

Minted peas, tartar, white bloomer, fries or salad **9** 

6 OZ RUMP STEAK

Roasted red onions, melted cheddar, American mustard, triple cooked chips or salad **12**

SMOKED SALMON

Dill cream cheese, cucumber ribbons, multi-seed bread, fries or salad **10**

MAINS

FISH & CHIPS

Wherry battered haddock, hand-cut triple cooked chips, tartar, minted mushy peas **15**

PIE OF THE DAY

Ask us for today's pie! **16**

GUINEA FOWL BREAST

Smoked bacon, forest mushroom, silverskin onion, fondant potatoes & braised savoy **18.5**

BARN FARM PUMPKIN RISOTTO

Topped with roasted pumpkin and red onion, crispy sage, watercress, pumpkin seeds, goats curd **14.5**

SIDES

Triple Cooked Chips **4.5**

Truffle, rosemary & parmesan chips **5.5**

Mixed olives **4.5**

Bread, oil & vinegar **4.5**

HERO BURGER

Double patty, onion jam, bacon, melted cheese, burger sauce, gherkin, fries **16**

SMOKED HADDOCK CHOWDER

Smoked Haddock, peas, potato, onion, creamy velouté sauce, toasted sourdough **17**

8 OZ SIRLOIN STEAK

Cherry vine toms, flat mushroom, battered onion rings, garlic & herb butter, triple cooked chips **24**

SPICED CRAB & PRAWN PAPPARDELLE



Courgette, baby spinach and parmasean **18**

Mixed leaf salad **4.5**

Seasonal buttered greens **4.5**

Buttered Norfolk peer potatoes **4**

Vegan option  Vegetarian

 Gluten free option 

FOR ALLERGEN INFORMATION, PLEASE ASK

T H E H E R O

DESSERTS

STICKY TOFFEE
PUDDING

Butterscotch, vanilla ice cream **7**

CHOCOLATE & ORANGE
DELICE

Orange sorbet **7**

PEAR FRANGIPANE TART

Almonds, conference pear, toasted
almonds, clotted cream ice cream **7**

NORFOLK APPLE
& CINNAMON CRUMBLE 

Dann's apple sorbet **7**

CHEESEBOARD

Norfolk cheeses, spiced apple chutney,
grapes, crackers **7/14** 

DANN'S NORFOLK ICE
CREAM SCOOP **2 (3
FOR 5)**

Vanilla, strawberry, mint choc chip, salted
caramel, chocolate

SORBET

Lemon, apple, raspberry, orange 

COCKTAILS 8

APEROL SPRITZ

Aperol Aperitivo, Prosecco, orange
bitters, soda

NEGRONI

Bombay Sapphire gin, Campari,
Martini Rosso

AMARETTO SOUR

Disaronno Amaretto, Buffalo Trace
Bourbon, lemon juice, egg white

OLD FASHIONED

Buffalo Trace Bourbon, Brown sugar,
Angostura bitters

ESPRESSO MARTINI

Absolut Vanilla, Kahlua Liqueur,
Espresso, sugar syrup, chocolate bitters

BLOODY MARY

Stoli vodka, Big Tom, lemon,

HOT DRINKS

Fresh ground Norwich Red
Roaster coffee beans

HOT CHOCOLATE **3.5**

LATTE **3.5**

FLAT WHITE **2.75**

CAPPUCCINO **3.5**

AMERICANO **2.5**

ESPRESSO **2**

DOUBLE ESPRESSO **2.5**

BREW TEA CO.

We think a good brew is VERY important
which is why we have picked the Brew Tea
Co. 100% rolled whole leaves, natural
ingredients, hand packed in Manchester.

ENGLISH BREAKFAST **2.75**

LEMON & GINGER **2.75**

EARL GREY **2.75**

MOROCCAN MINT **2.75**

V e g a n o p t i o n



V e g e t a r i a n



G l u t e n f r e e o p t i o n



F O R A L L E R G E N I N F O R M A T I O N , P L E A S E A S K