



Our Menu

Nearly all items on our menu are freshly made in-house each day. Most of our produce is sourced locally and all milk-based products come from our dairy herd which can be viewed from the cafe.

Breakfast Lunch Afternoon Tea Drinks

<i>Parlour Full English breakfast</i>	£12.00	<i>Smashed avocado on sourdough*</i>	£9.00	<i>Huevos rancheros</i>	£9.50
Norfolk pork sausage, dry cured back bacon, black pudding, hash brown, oven tomatoes, our own baked beans, eggs 'your way' & toast.		Smashed avocado on sourdough & a poached egg.		Oven cooked Chorizo picante, sauté potatoes and a rich tomato sauce with 2 baked eggs.	
<i>Parlour Vegetarian breakfast</i>	£11.50	<i>Scotch pancakes and maple syrup</i>	£8.50	<i>Abbey Farm Milk porridge</i>	£4.50
Vegetarian sausages, smashed avocado, hash brown, oven tomatoes, flat mushroom, our own baked beans, eggs 'your way' & toast.		With streaky bacon or Greek yogurt, fresh fruit and fruit compote.		Porridge (gf) with nuts, seeds and fruit compote. Oat milk porridge also available	
<i>Mixed Mushrooms on sourdough toast</i>	£8.50	<i>Eggs benedict*</i>	£9.00	<i>Breakfast served 10am - 11.45am (9am Sat & Sun)</i>	
Sauté of mushrooms with confit of shallot & thyme with a fried egg.		Toasted English muffin, smoked Norfolk ham, 2 poached eggs and hollandaise sauce.		* Also available for lunch.	
		<i>Eggs Royale*</i>	£9.00		
		Toasted English muffin, hot smoked salmon, 2 poached eggs and hollandaise sauce.			



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